

| 日 | 曜 | 音楽スタジオ | | | 料理スタジオ | | | コミュニティ・スペース | | | スタジオ1 | | | スタジオ6 | | | スタジオ7 | | | スタジオ8 | | | | |
|----|---|--------|----|----|--------|----|----|-------------|----|----|-------|----|----|-------|----|----|-------|----|----|-------|----|----|---|---|
| | | 午前 | 午後 | 夜間 | 午前 | 午後 | 夜間 | 午前 | 午後 | 夜間 | 午前 | 午後 | 夜間 | 午前 | 午後 | 夜間 | 午前 | 午後 | 夜間 | 午前 | 午後 | 夜間 | | |
| 1 | 木 | × | × | | | | | × | × | × | | | × | | | | | | | | | × | | |
| 2 | 金 | × | × | | | | | × | × | | | | × | × | | × | × | | × | × | | × | × | |
| 3 | 土 | × | × | | | | | | | | | | × | | | × | | | | | | | | |
| 4 | 日 | | | | | | | | | | | | | | | | | | | | | | | |
| 5 | 月 | × | × | | | | | × | × | | | | × | × | | × | × | | × | × | | × | × | |
| 6 | 火 | × | × | | | | | × | × | | | | | × | | | × | | | | | | | |
| 7 | 水 | × | × | | | | | × | × | × | | | × | × | | × | × | | × | × | | × | × | × |
| 8 | 木 | × | × | | | | | × | × | × | | | × | | | | | | | | | × | | |
| 9 | 金 | × | × | | | × | × | × | × | | × | | × | × | | × | × | | × | × | | × | × | |
| 10 | 土 | × | × | | | | | | | | | | | | | | | | | | | | | |
| 11 | 日 | | | | | | | | | | | | | | | | | | | | | | | |
| 12 | 月 | × | × | | | | | × | × | | | | × | × | | × | × | | × | × | | × | × | |
| 13 | 火 | × | × | | | | | × | × | | | | × | | × | | × | | | | | | | |
| 14 | 水 | × | × | | | | | × | × | × | | | × | × | | × | × | | × | × | | × | × | × |
| 15 | 木 | × | × | | | | | × | × | × | | | × | | | | | | | | | × | | |
| 16 | 金 | × | × | | | | | × | × | | | | × | × | | × | × | | × | × | | × | × | |
| 17 | 土 | × | × | | | | | | | | | | × | | | × | | | | | | | | |
| 18 | 日 | | | | | | | | | | | | | | | | | | | | | | | |
| 19 | 月 | × | × | | | | | × | × | | | | × | × | | × | × | | × | × | | × | × | |
| 20 | 火 | × | × | | | | | × | × | | | | × | | × | | × | | | | | | | |
| 21 | 水 | × | × | | | | | × | × | × | | | × | × | | × | × | | × | × | | × | × | × |
| 22 | 木 | × | × | | | | | × | × | × | | | × | | | | | | | | | × | | |
| 23 | 金 | × | × | | | × | × | × | × | | × | | × | × | | × | × | | × | × | | × | × | |
| 24 | 土 | × | × | | | | | | | | | | × | | | × | | | | | | | | |
| 25 | 日 | | | | | | | | | | | | | | | | | | | | | | | |
| 26 | 月 | × | × | | | | | × | × | | | | × | × | | × | × | | × | × | | × | × | |
| 27 | 火 | × | × | | | | | × | × | | | | × | | × | | × | | | | | | | |
| 28 | 水 | × | × | | | | | × | × | × | | | × | × | | × | × | | × | × | | × | × | × |
| 29 | 木 | × | × | | | | | × | × | × | | | × | | | | | | | | | × | | |
| 30 | 金 | × | × | | | | | × | × | | | | × | × | | × | × | | × | × | | × | × | |
| 31 | 土 | × | × | | | | | | | | | | × | | | × | | | | | | | | |